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## Ruck For The Fallen's Mission Statement

'Ruck for the Fallen' is dedicated to our pledge of supporting our lost heroes. Our goal of unwavering support is achieved by raising funds for families who have lost a first responder, an active military member or veteran in the line of duty or who are experiencing mental, emotional and physical effects incurred by the risks they face every day.

Our community of Ruckers raise funds by participating in ruck challenges/races or local events sponsored by a military unit All donations raised are used for the well-being of our hero's livelihood We believe that carrying the burden of loss in our ruck sacks to be an Honor, it's with pride we fully accept this task. It's not about personal recognition, but our ability to HONOR those who have willfully placed themselves in harm's way or sacrificed their lives for everyone's freedoms and way of life.

Ruck for the Fallen will stay true to our pledge by never stopping until all Heroes and their families are wholeheartedly supported. We believe words alone cannot fulfill a promise. We allow our actions to speak for us "The pain we feel in our shoulders holds no bearing on the pride and commitment we carry in our hearts."

**"DEEDS NOT WORDS" MSG Mitch Kriebel**